

**Maharashtra University of Health Sciences, Nashik**

**Inspection Committee Report for Academic Year 2026 - 2027**

**Webinar/Workshop/CME/Activities/ Performed in Last One Year.**

**All report must be available on web site**

**Name of the College /Institute: -BAPUSAHEB THITE COLLEGE OF NURSING**

**Faculty - Nursing**

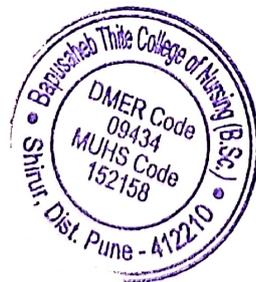
**No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)**

Sr No	Details of Webinar/ Workshop/CME/ Activities/ Perform Supportive document to be uploaded on web site
1.	World Breast Feeding Week
2.	World Suicide Prevention Day
3.	World Heart Day
4.	World Mental health Day
5.	World AIDS Day

**Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge & Belief**

**Any Other, Please Specify: - NIL**

**Date: - 15/01/2026**



*Sheetal Barde*

**Dean/ Principal Stamp & Signature**

**Dr. Sheetal Barde**  
**Principal**

**Shri Chhatrapati Sambhaji Shikshan Sanstha's**  
**Bapusaheb Thite College of Nursing**  
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SHRI CHHATRAPATI SAMBHAJI SHIKSHAN SANSTHA'S

**BAPUSAHEB THITE COLLEGE OF NURSING**

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# “Breastfeeding Week -2025”



*Dr. Sheetal Barde*  
**Dr. Sheetal Barde**  
Principal

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### Preface

The World Breastfeeding Week is celebrated every year from 1st to 7th August in more than 120 countries, with the aim of promoting, protecting, and supporting breastfeeding practices among mothers and families. It serves as a powerful platform to raise awareness about the vital role of breastfeeding in ensuring the health and well-being of both mothers and infants.



Breastfeeding is not only a biological act but also a foundation of lifelong health, nutrition, and emotional bonding. It significantly reduces infant morbidity and mortality by preventing infections, promoting cognitive development, and strengthening immunity. For mothers, it aids in faster postpartum recovery, reduces the risk of breast and ovarian cancers, and contributes to natural family planning



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In alignment with the global objectives set by the World Alliance for Breastfeeding Action (WABA) and the World Health Organization (WHO), our institution celebrates Breastfeeding Week annually to educate students, mothers, and the community about its long-term health benefits. Through various programs such as awareness rallies, health education sessions, poster exhibitions, skits, street plays, and interactive discussions, students and faculty collaborate to spread awareness and promote positive attitudes toward breastfeeding practices.

This report reflects the sincere efforts and active participation of our nursing students, faculty members, and the organizing committee, who collectively worked towards making the celebration meaningful and impactful. Their enthusiasm and teamwork truly embodied this year's theme, reinforcing the idea that "Breastfeeding is a shared responsibility that benefits everyone."

### **Objectives of the Program:**

- To create awareness about the importance of exclusive breastfeeding for the first six months of life.
- To educate mothers and families about the health benefits of breastfeeding for both mother and child.
- To encourage early initiation and continuation of breastfeeding along with complementary feeding.
- To support and motivate mothers through health education and community involvement.
- To promote the global message of breastfeeding as the foundation of lifelong health.



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### **Program Overview:**

As part of the Breastfeeding Week 2025 celebration, our nursing students organized various activities of Street Play and Health Education to aimed at creating awareness among mothers regarding the importance of breastfeeding. The theme for this year's Breastfeeding Week was "Prioritise breastfeeding: create sustainable support system"

The program was planned and guided by Dr. Sheetal Barde Madam, Principal of Bapusaheb Thite College of Nursing, Pune, to create awareness among mothers coming in Rural Hospital, Shirur along with extra-curricular involvement for nursing students.

The Rural Hospital, Shirur was selected as the venue for the program because as it caters to a large population of antenatal and postnatal mothers through its well-functioning Outpatient Department (OPD). The hospital staff and community members were highly cooperative, ensuring smooth conduction of activities. The setting provided direct interaction with expectant and new mothers, making it ideal for health education on breastfeeding.

Poster competition on Breastfeeding week was organized and total 48 students actively participated from inside and outside the Nursing College campus. It was Judged by Dr. Sheetal Barde madam, Ms. Sonia Daniel Madam based on creativity, clarity of message and relevance to theme. Winning posters were displayed for public awareness during the program also winners felicitated with prize.

Street Play on Breastfeeding week was organized with active participation of Bapusaheb Thite College Nursing students. Street Play guidance by Ms. Nikita Kardile.

Survey on Attitude, knowledge analysis of breastfeeding women were conducted under guidance of Ms. Sonia Daniel Madam, Ms. Sanyogita Madam, Ms. Reshma Madam and Ms. Vaishnavi Madam with Bapusaheb Thite College Nursing students



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## **Activities Conducted:**

### **1.Role Play:**

A street play was performed by the Bapusaheb Thite College nursing students in the community to spread awareness about the importance of breastfeeding, its benefits for both mother and child, and to clear common misconceptions.

Various scenarios based on Doctor Mother conversation of Antenatal Care, Nurse and Primigravida Mother interaction about breastfeeding techniques, Nursing student and relative Conversation by educating them about Breast milk importance and last scenario based on educating family member about myths about breastfeeding commonly assume by society about not to feed baby after 6 months of age.

At the end “creating sustainable support to breastfeeding by taking time to time help from healthcare providers- Doctor, Nurses, ASHA Workers and USHA workers working in Primary Health centre” This message given by all students.

### **2. Health Education Session:**

Health education was provided to mothers on topics like exclusive breastfeeding for the first six months, correct latching techniques, and the role of breastfeeding in improving child health and immunity by using best posters in competition.

Students of Bapusaheb Thite College of Nursing had educated all OPD mothers coming in Rural Hospital on 5<sup>th</sup> August 2025.



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### **3. Survey:**

A structured questionnaire of total 50 mothers used to assess the knowledge of mothers regarding breastfeeding practices. The survey helped in identifying knowledge gaps and areas that need more focused education

### **Findings of the Survey:**

The survey revealed that while most mothers were aware of the importance of breastfeeding, only a few knew about the correct techniques and the significance of exclusive breastfeeding for the first six months. Many working mothers expressed challenges in maintaining breastfeeding practices due to lack of workplace support.

### **4. Poster Competition:**

Students from various colleges and batches actively took part and prepared informative, creative and theme-based posters. Winners were felicitated with cash prize and certificates as token of appreciation.

  
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Breastfeeding week 2025: Day 1- Session on breastfeeding Techniques and its Importance.





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Breastfeeding week 2025: Day 2- Role Play in Rural Hospital, Shirur by GNM Nursing Students.



Breastfeeding week 2025: Day 2-Glimpse of Starting Role Play.



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Breastfeeding week 2025: Day 2-Role Play.





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Breastfeeding week 2025: Day 2-Role Play





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Breastfeeding week 2025: Day 2-Role Play





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Breastfeeding Week 2025:Day 2 -Survey of Breastfeeding Mothers in Rural Hospital,Shirur.



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## **. Conclusion**

The celebration of World Breastfeeding Week at our college was a meaningful and educative event. It created awareness among students, mothers, and the community about the importance of exclusive breastfeeding for the first six months of life. The various activities conducted during the week successfully conveyed the theme and objectives, promoting health, bonding, and nutrition for both mother and child.

The event concluded with words of appreciation from the Principal Madam-Dr. Sheetal Barde, who encouraged everyone to continue promoting breastfeeding as a vital public health practice. The program ended with a vote of thanks and the national anthem.

## **Acknowledgment**

We express our sincere gratitude to our respected Principal Madam Dr. Sheetal Barde for her continuous support and guidance throughout the program. We also extend heartfelt thanks to all faculty members, students, and the organizing committee for their active participation and cooperation in making the Breastfeeding Week celebration a grand success.

Special thanks to the Rural Hospital Department and community members for their valuable presence and assistance during the awareness and health education sessions.

Report Maintained By

Ms. Nikita Kardile.

Principal

  
**Dr. Sheetal Barde**  
Principal  
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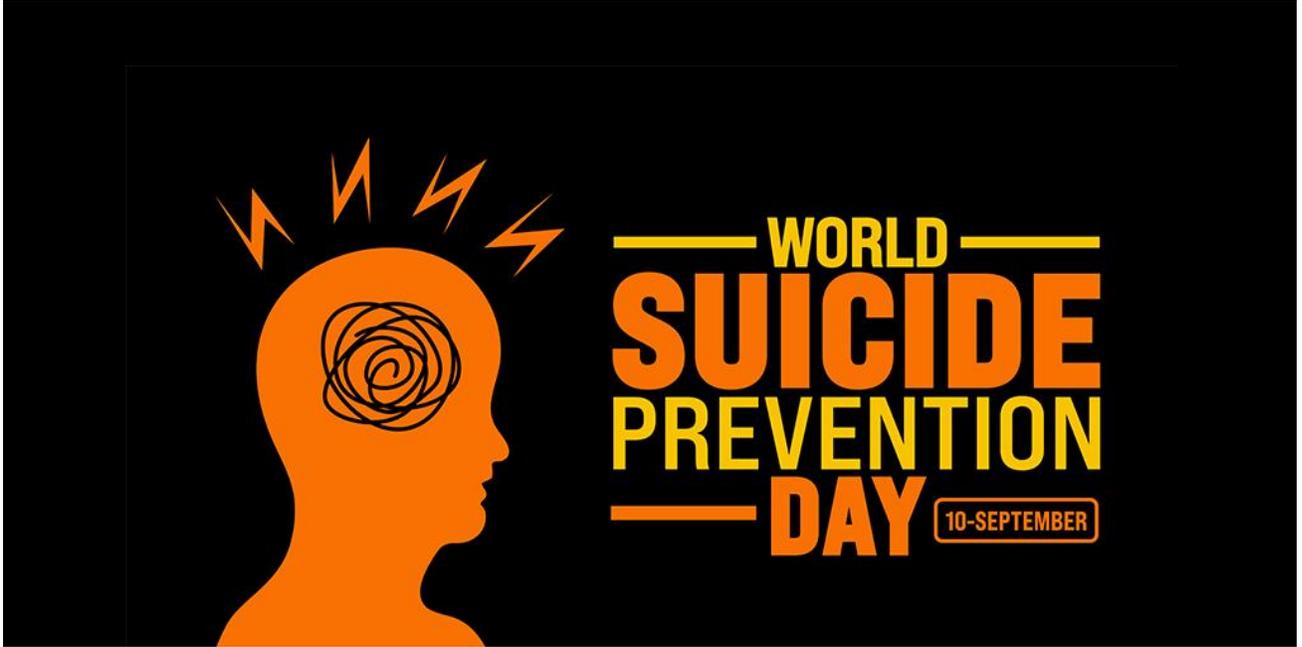
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**BAPUSAHEB THITE COLLEGE OF NURSING**

**WORLD SUICIDE PREVENTION DAY 2025**



Every year, more than 7,00,000 people lose their lives to suicide, which translates into more than one person every 40 seconds, accounting for about 1.3% of all global deaths. Strikingly, over half of these deaths occur before the age of 50, and suicide stands as the fourth leading cause of death among young people aged 15 to 29. For those who are left behind, the loss is not just a number, but a deep wound that changes families, friendships, and communities forever. World Suicide Prevention Day 2025 is a call to notice the quiet struggles around us, to listen without judgement, and to take small but powerful actions that can save lives.

Observed on 10 September each year, World Suicide Prevention Day is a global initiative led by the International Association for Suicide Prevention (IASP) with support from the World Health Organization (WHO). Its aim is to raise awareness, reduce stigma, and encourage actions that can help save lives.

The 2025 theme, “Creating Hope Through Action”, emphasises that even small gestures of kindness, compassion, and understanding can make a meaningful difference. It calls on

  
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individuals, communities, and organisations to work together in creating supportive environments where mental health is prioritised and help is accessible.

This day is not only about acknowledging the challenge but also about inspiring collective action by breaking the silence, extending hope, and building pathways to prevention.

Help is available and reaching out can be the first step toward safety and recovery. Suicide prevention works best when people know where and how to find support.

Common options include:

- **Helplines and crisis services:** 24/7 confidential phone or text services that offer immediate emotional support.
- **Counselling and therapy:** Sessions with mental health professionals to address underlying issues and develop coping strategies.
- **Support groups:** Safe spaces to connect with others who understand similar challenges.
- **Community programmes:** Local initiatives offering workshops, peer mentoring, and awareness events.
- **Hospital-based mental health care:** Inpatient and outpatient services for those needing structured, professional treatment.

At Bapusaheb Thite College of Nursing, we observed World Suicide Prevention Day to raise awareness about the importance of mental health and the urgent need to support individuals facing emotional and psychological challenges. As future healthcare professionals, it is our responsibility to understand the signs of distress, promote compassionate care, and reduce the stigma associated with seeking help. By observing this day, we aimed to educate students and the community about suicide prevention strategies, encourage open conversations, and emphasize the role of empathy, early intervention, and professional support in saving lives. Our commitment to holistic health care includes not only physical well-being but also mental and emotional wellness, and this observance reflects our dedication to fostering a supportive and informed environment.



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**BAPUSAHEB THITE COLLEGE OF NURSING**  
**SUICIDAL PREVENTION DAY**

**DATE: 10<sup>th</sup> SEPTEMBER 2025**

**THEME: Creating Hope Through Action**

Comprehensive programme schedule for World Suicide Prevention Day (10th September) at a Bapusaheb Thite college of nursing, designed to raise awareness, build empathy, and empower students with knowledge and action-based learning.

**ACTIVITY:**

SR.NO	TIME	ACTIVITY	RESOURCE PERSON/ INCHARGE	VENUE
1	9:00 am – 9:30 am	<b>Yellow Ribbon Campaign</b> <ul style="list-style-type: none"><li>• Distribute yellow ribbons (symbol of suicide prevention).</li><li>• Encourage everyone to wear it all day.</li><li>• Optional: Take group photos with pledges.</li></ul>	Ms. Sanyogita Wakchaure	Bapusaheb Thite College of Nursing
2	9:30 am – 10:30 am	<b>Suicide Prevention Awareness Rally Plan</b> <b>Objective of the Rally</b> <ul style="list-style-type: none"><li>• To raise awareness about suicide prevention.</li><li>• To break the stigma around mental health.</li><li>• To educate the public about warning signs, resources, and the power of listening</li></ul>	Ms. Reshma Kane Ms. Sanyogita Wakchaure Ms. Vaishnavi Sinalkar Ms. Dnyaneshwari	Bapusaheb Thite College of Nursing to Rural Hospital Shirur



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3	10:30 am – 11:30 am	<b>Street Play / Skit &amp; Mime Act</b> <ul style="list-style-type: none"><li>• <b>Theme:</b> A student's emotional struggle &amp; the power of listening.</li><li>• <b>Objective:</b> Show how timely intervention saves lives.</li></ul>	Ms. Sanyogita Wakchaure Ms. Reshma Kane Ms. Sonia Daniel Ms. Nikita Kardile	<ul style="list-style-type: none"><li>• Vijayamala Junior College,</li><li>• Rural Hospital Shirur,</li><li>• Shirur bus stand</li></ul>
4	11:30 am – 12:30 pm	<b>Poster / Slogan Making activity</b> <ul style="list-style-type: none"><li>• <b>Topics:</b><ul style="list-style-type: none"><li>○ "Say Yes to Life"</li><li>○ "Your Life Matters"</li><li>○ "Stop the Stigma"</li></ul></li><li>• <b>Output:</b> Visual awareness placed around campus.</li></ul>	Ms. Sanyogita Wakchaure	Bapusaheb Thite College of Nursing

  
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## Report on Suicide Prevention Day

**Organized by: Bapusaheb Thite College of Nursing, Shirur**

**Date: 10 September 2025**

**Venue: Bapusaheb Thite College of Nursing, Shirur**

### Introduction

World Suicide Prevention Day is observed globally every year on **10th September**, coordinated by the International Association for Suicide Prevention (IASP) in collaboration with the World Health Organization (WHO). The day aims to raise awareness, reduce stigma, and promote hope in society. Suicide is a major public health issue, and nursing students, as future healthcare providers, play a crucial role in prevention through awareness, empathy, and advocacy.

With the theme “Creating Hope Through Action”, our nursing college organized a series of activities such as the **Yellow Ribbon Campaign, Awareness Rally, Role Play, and Slogan Competition** to spread awareness among students and the community.

### Objectives of the Program

1. To spread awareness about suicide prevention among students and the community.
2. To emphasize the importance of mental health and early intervention.
3. To encourage nursing students to take leadership roles in health education and awareness.
4. To reduce stigma and misconceptions related to suicide.
5. To foster teamwork, creativity, and social responsibility among students.



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## Activities Conducted

### 1. Yellow Ribbon Campaign:

- The Yellow Ribbon, an international symbol of suicide prevention, was used to signify hope and life.
- Students and faculty members wore yellow ribbons throughout the day to express solidarity with individuals struggling with suicidal thoughts.
- Posters, charts, and educational materials were displayed in the college premises.
- Nursing students distributed awareness pamphlets and ribbons among peers and staff, spreading the message *"Your Life Matters"*.

### 2. Suicide Prevention Awareness Rally:

- A rally was organized around the college campus and nearby community areas.
- Students carried banners and placards with motivational messages such as *"Say Yes to Life"*, *"Stop the Stigma"*, *"Your Life is Precious"*, and *"Together We Can Prevent Suicide"*.
- Slogans were raised loudly to attract the attention of the public.
- The rally created awareness in the local community about the importance of seeking help, supporting mental health, and encouraging open discussions.
- Faculty guided students to interact briefly with community members, stressing on available helpline services and counseling facilities.

### 3. Role Play and Mime Act:

- Nursing students performed a role play depicting real-life scenarios related to suicidal tendencies among youth.
- The drama highlighted:
  - **Causes:** academic stress, unemployment, family conflicts, relationship failures, mental illness.



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- **Warning Signs:** withdrawal, hopelessness, isolation, changes in behavior.
- **Prevention:** importance of counseling, peer support, professional help, and positive coping strategies.
- The performance emphasized empathy, listening, and timely intervention.
- Audience feedback showed that the role play created a strong emotional impact and improved understanding of suicide prevention strategies.

#### **4. Slogan making activity:**

- A slogan writing competition was organized for students on the theme “*Say Yes to Life – Your Life Matters*”.
- Students prepared slogans in English, Hindi, and Marathi, expressing powerful and creative ideas about suicide prevention.
- The best entries were selected and awarded by the faculty.
- Winning slogans were displayed on notice boards and in classrooms to continue spreading the message throughout the year.

#### **Outcomes of the Program:**

- Increased awareness among students and community members about suicide prevention.
- Active participation of nursing students helped them develop leadership qualities, communication skills, and community engagement.
- Students realized the importance of early recognition of warning signs and timely counseling.
- The program encouraged an open environment where mental health could be discussed without stigma.
- The Yellow Ribbon symbol served as a reminder of hope and support.



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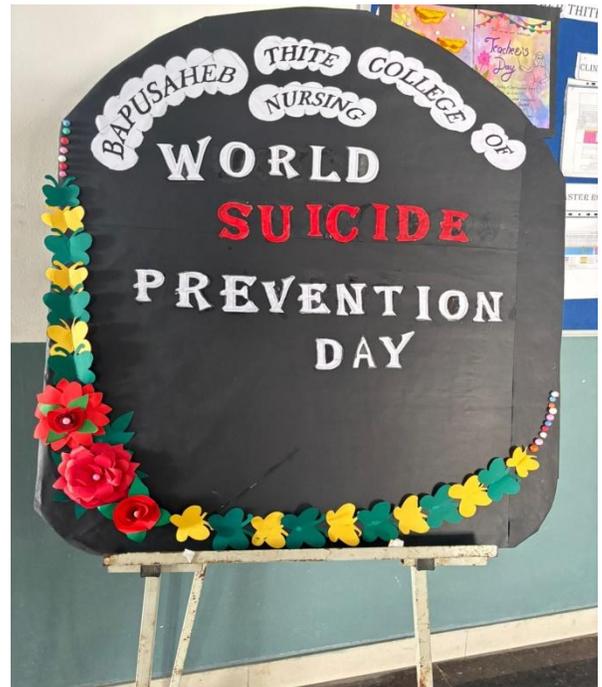
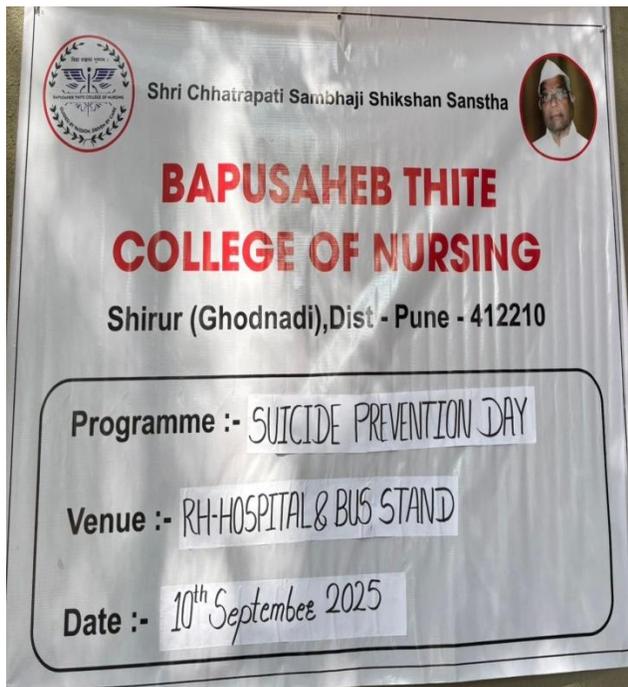
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## Conclusion:

The Suicide Prevention Day program at **Bapusaheb Thite College of Nursing** was a successful initiative that combined awareness, education, and community participation. Through activities like the Yellow Ribbon Campaign, Awareness Rally, Role Play, and Slogan Competition, the event promoted the message that **every life is valuable** and suicide can be prevented through collective action.

As future nurses, students pledged to continue spreading awareness and extending support to individuals struggling with mental health issues. The event reinforced the idea that **creating hope through action** is a shared responsibility, and together, we can make a difference in suicide prevention.



(World Suicide Prevention Day Observed: Bapusaheb Thite College Nursing Campus)

  
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(World Suicide Prevention Day Observation: Inaugural by President Dr. Rajendra Thite at Bapusaheb Thite College Nursing Campus)



(World Suicide Prevention Day Observation: Yellow Ribbon Campaign at Rural Hospital Shirur)



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(World Suicide Prevention Day Observed: Awareness Rally of Nursing students in Shirur)



(World Suicide Prevention Day Observed: Role plays at Bapusaheb Thite College Nursing Campus)

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# “World Heart Day-2025”



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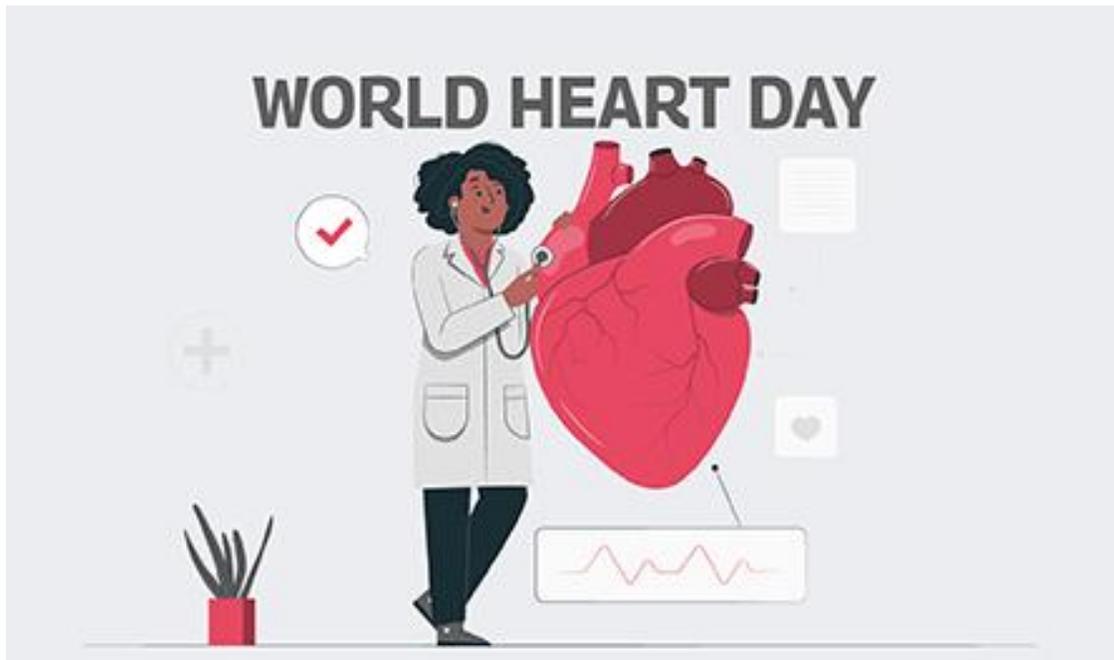
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### Preface:

World Heart Day is observed every year on 29th September to raise awareness about cardiovascular diseases (CVDs) and to promote preventive measures that help maintain a healthy heart. This global campaign, initiated by the World Heart Federation (WHF) in collaboration with the World Health Organization (WHO), serves as a reminder that heart health is vital for every individual, community, and nation. It encourages people to adopt a heart-healthy lifestyle through regular physical activity, a balanced diet, stress management, and avoidance of harmful habits such as smoking and alcohol consumption.



The theme for World Heart Day 2025 emphasizes the importance of making the right choices for a healthy heart and spreading the message that prevention is better than cure. Cardiovascular diseases continue to be one of the leading causes of death worldwide, yet a



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large number of these deaths can be prevented through awareness, education, and early lifestyle modifications.

At our Nursing College, World Heart Day 2025 was observed with great enthusiasm and dedication under the guidance of our Principal Madam, Dr. Sheetal Burde, and our respected faculty members. The session aimed to educate students about the structure and function of the heart, common cardiac disorders, preventive strategies, and the role of nurses in cardiac health promotion.

Various activities such as poster presentation, health awareness rally, quiz competition, and educational skit were conducted to engage students and strengthen their understanding of cardiovascular health. The program successfully conveyed the importance of maintaining a healthy heart and inspired participants to become advocates for heart care in their communities.

### **Overview of Session:**

As part of the observance of World Heart Day 2025, an informative and interactive educational session was organized at Manikchand Dhariwal Hospital, Shirur for the nursing students. The session was conducted by Dr. Mayur Tayade, a highly experienced Cardiologist, who shared his expert knowledge on the topic “Myocardial Infarction – Causes, Diagnosis, and Management.”

Dr. Tayade began the session by explaining the anatomy and physiology of the heart, emphasizing how proper coronary circulation is vital for maintaining cardiac function. He then elaborated on the pathophysiology of myocardial infarction (heart attack) — describing how blockage in the coronary arteries leads to ischemia, necrosis of the heart muscle, and life-threatening complications.



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He highlighted the major risk factors such as hypertension, diabetes, smoking, obesity, stress, lack of physical activity, and unhealthy diet. He further explained the warning signs and symptoms of myocardial infarction including chest pain radiating to the left arm, sweating, breathlessness, and anxiety — stressing the importance of early recognition and immediate medical attention.

The session also covered the diagnostic investigations, including ECG changes, cardiac enzyme tests (Troponin, CK-MB), and echocardiography. Dr. Tayade detailed the management and treatment approaches, such as thrombolytic therapy, angioplasty, cardiac catheterization, and the importance of early intervention within the “golden hour.”

In addition, he discussed the role of nurses in cardiac care from initial assessment and emergency management to post-procedure care, patient education, and lifestyle modification counseling. He encouraged students to develop quick observation skills and provide emotional support to patients and families during cardiac emergencies.

The session concluded with an interactive question-and-answer segment, where students actively participated and clarified their doubts. Dr. Tayade motivated them to continue learning about cardiac health and to act as strong advocates for heart disease prevention in the community.

Overall, the session was highly educational, inspiring, and practical, helping students bridge the gap between theoretical learning and real-world clinical experience. It successfully enhanced awareness about cardiovascular health and strengthened the students' confidence in handling cardiac emergencies responsibly.



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**Photographs of Session:**



“World Heart Day2025: At Manichanad Hospital by Ruby Hall Clinic-Dr.Mayur sir.”





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**Acknowledgement:**

We express our heartfelt gratitude to the management and staff of Manikchand Dhariwal Hospital for their valuable support and cooperation in organizing the World Heart Day 2025 educational session. Their active assistance and hospitality made the program successful and informative for all participants.

A special note of appreciation is extended to Dr. Mayur Tayade, respected Cardiologist, for delivering an enlightening and practical session on Myocardial Infarction. His detailed explanation of the causes, symptoms, investigations, and management of heart attack, along with preventive measures and the role of nurses in cardiac care, greatly enriched the knowledge and understanding of our students.

We also convey our sincere thanks to our Principal Madam, Dr. Sheetal Barde, for her continuous encouragement and guidance, and to all our faculty members for their coordination and support throughout the program.

Report Maintained By

Principal

Ms.Nikita Kardile.

  
**Dr. Sheetal Barde**  
Principal  
Shri Chhatrapati Sambhaji Shikshan Sanstha's  
Bapusaheb Thite College of Nursing  
Shirur (Ghodnadi), Dist. Pune 412210



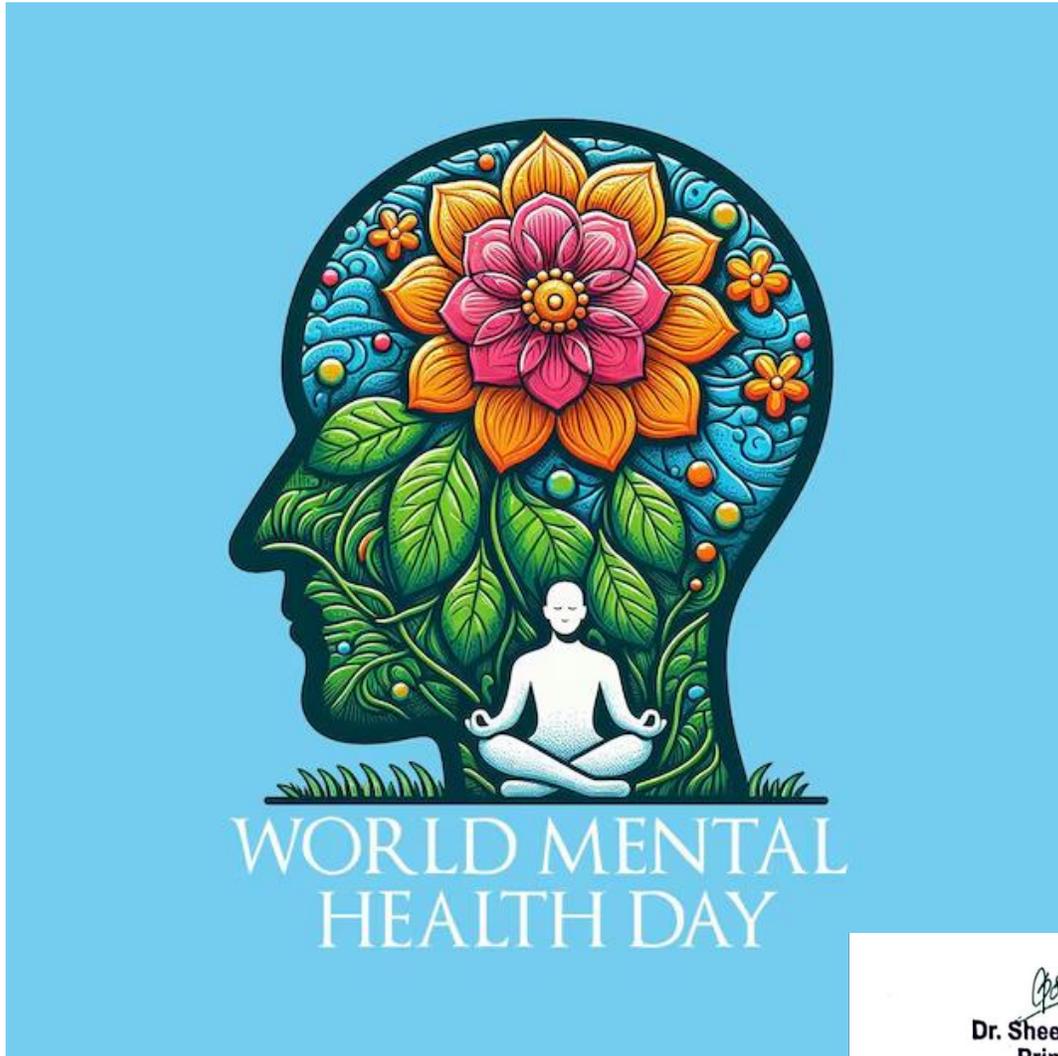
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# “World Mental Health Day 2025”



**Dr. Sheetal Barde**  
Principal

Shri Chhatrapati Sambhaji Shikshan Sanstha's  
Bapusaheb Thite College of Nursing  
Shirur (Ghodnadi), Dist. Pune 412210



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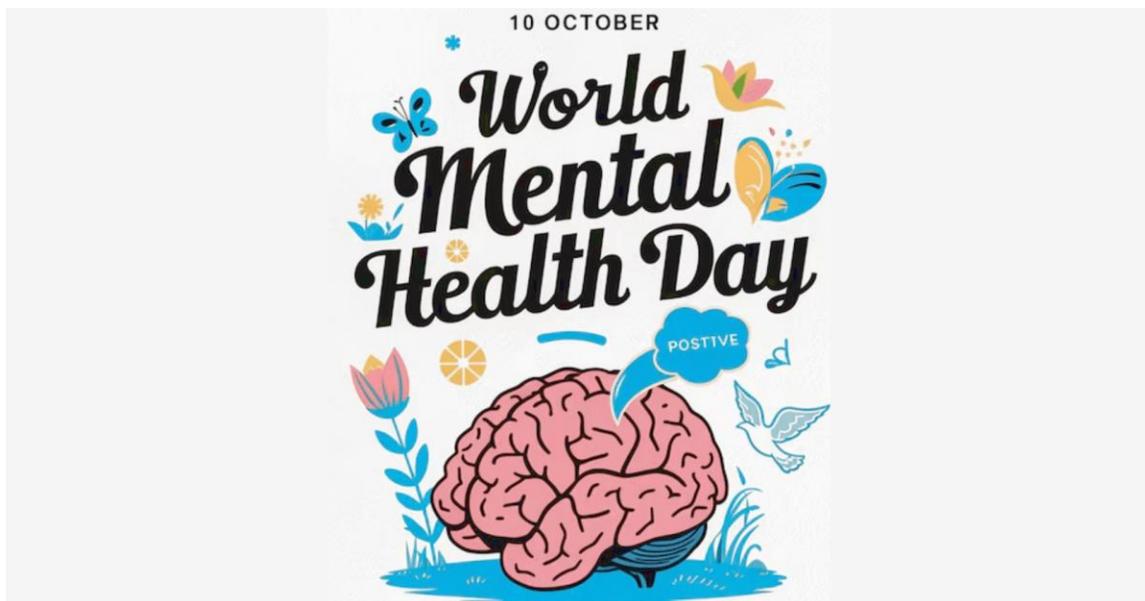
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### Preface

World Mental Health Day is observed every year on 10th October to raise awareness about mental health issues, promote psychological well-being, and reduce the stigma associated with mental illnesses. This day, initiated by the World Federation for Mental Health (WFMH) and supported by the World Health Organization (WHO), serves as a reminder that mental health is an essential part of overall health and that every individual deserves access to care, support, and understanding.

The theme for World Mental Health Day 2025 focuses on the importance of mental well-being for all and emphasizes that mental health is a fundamental human right. In today's fast-paced world, challenges such as stress, anxiety, depression, and emotional burnout have become increasingly prevalent, making it vital to educate communities, especially students and healthcare professionals, about maintaining psychological resilience.



The program aimed to sensitize students about mental health issues, encourage



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open conversations, and promote strategies for stress management and emotional well-being. Various activities such as interactive sessions, poster competitions, awareness rallies, and skits were organized to engage students actively and help them understand the importance of holistic care, which includes attention to mental health alongside physical health.

This report presents a detailed account of the World Mental Health Day 2025 celebration, highlighting the efforts of faculty and students in promoting mental health awareness, compassion, and a supportive learning environment within the institution.

### **Objectives of World Mental Health Day 2025**

1. To raise awareness about the importance of mental health and well-being among students, faculty, and the community.
2. To educate participants about mental health challenges, particularly during emergencies and crisis situations.
3. To reduce stigma and misconceptions surrounding mental illness and encourage open discussions.
4. To provide practical guidance on accessing and delivering mental health services in emergencies.
5. To promote the role of healthcare professionals, including nurses, in supporting mental health care and advocacy.
6. To encourage community engagement and participation in mental health awareness activities.

### **Program Overview**

The observance of World Mental Health Day 2025 was conducted over two days with a series of informative sessions and awareness activities:

Day 1 – Online Sessions.



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**Date:** 10th October 2025 (Friday)

**Platform:** Google Meet

**Theme:** *“Breaking Barriers: Ensuring Mental Health Access in Emergencies”*

### Session I

Time: 10:00 AM – 10:50 AM

Resource Person: Dr. Sundari Apte

Topic: *“Understanding Mental Health in Emergencies”*

Overview: Dr. Apte highlighted the significance of recognizing mental health challenges during emergencies, explained the common psychological responses in crisis situations, and discussed early intervention strategies to prevent long-term mental health issues.

### Session II

Time: 11:00 AM – 11:45 AM

Resource Person: Dr. Vishal Naikar

Topic: *“Bridging the Gap: Making Mental Health Services Reachable in Emergencies”*

Overview: Dr. Naikar focused on strategies for improving access to mental health services during emergencies, the importance of community-based support systems, and the role of healthcare workers in ensuring timely mental health care.

Day 2 – Awareness Rally and Street Play

Date: 11th October 2025 (Saturday)

### Activity 1: Mental Health Awareness Rally

Students from Bapusaheb Thite College of Nursing participated in a rally to promote mental health awareness in the local community and enroute to the rural hospital.



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The rally aimed to educate the public, reduce stigma, and spread knowledge about mental health support systems.

**Activity 2:**

**Street Play on Emergency Care in Mental Health**

A street play was performed highlighting the importance of timely mental health care during emergencies. The performance emphasized recognizing warning signs, providing immediate support, and ensuring community involvement in mental health crises.

**Outcome:** The two-day event successfully engaged students, faculty, and community members, spreading awareness about mental health issues, breaking barriers to access, and highlighting the critical role of healthcare professionals in emergencies.

**Photographs of the Event:**



“World Mental Health Day 2025: Day 1-Online Session on Psychiatric Emergencies.



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“World Mental Health Day 2025: Day 1-Online Session on Psychiatric Emergencies.”





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“World Mental Health Day 2025: Day 2 Street Play on Psychiatric Emergencies. At Shirur Bus Stop”





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## Acknowledgement

We express our sincere gratitude to our Principal Madam, Dr. Sheetal Burde, for her constant guidance, encouragement, and support in organizing the World Mental Health Day 2025 observance at our college. Her visionary leadership ensured that the program was conducted smoothly and meaningfully.

We are profoundly thankful to our esteemed faculty members for their cooperation, coordination, and dedication in facilitating both days of the event, motivating students, and ensuring active participation.

Our heartfelt appreciation is extended to the resource persons Dr. Sundari Apte and Dr. Vishal Naikar — for delivering highly informative sessions on mental health in emergencies, sharing practical insights, and enlightening students on the importance of accessible mental health services.

We also convey our sincere thanks to the students of Bapusaheb Thite College of Nursing for their enthusiasm, discipline, and active participation in the online sessions, awareness rally, and street play. Their efforts greatly contributed to spreading mental health awareness in the community.

Finally, we are grateful to all individuals and organizations, including the rural hospital authorities, who supported and collaborated with us in making the event a meaningful and successful observance of World Mental Health Day.

Report Maintained By

Ms. Nikita Kardile.

Principal

  
**Dr. Sheetal Burde**  
Principal  
Shri Chhatrapati Sambhaji Shikshan Sanstha's  
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WORLD  
**AIDS**  
DAY

1 D E C E M B E R

**Theme:** “Overcoming disruption, transforming the AIDS response”

Sign of Event Supervisor

  
Dr. Sheetal Barde  
Principal  
Shri Chhatrapati Sambhaji Shikshan Sanstha's  
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Sign of Principal



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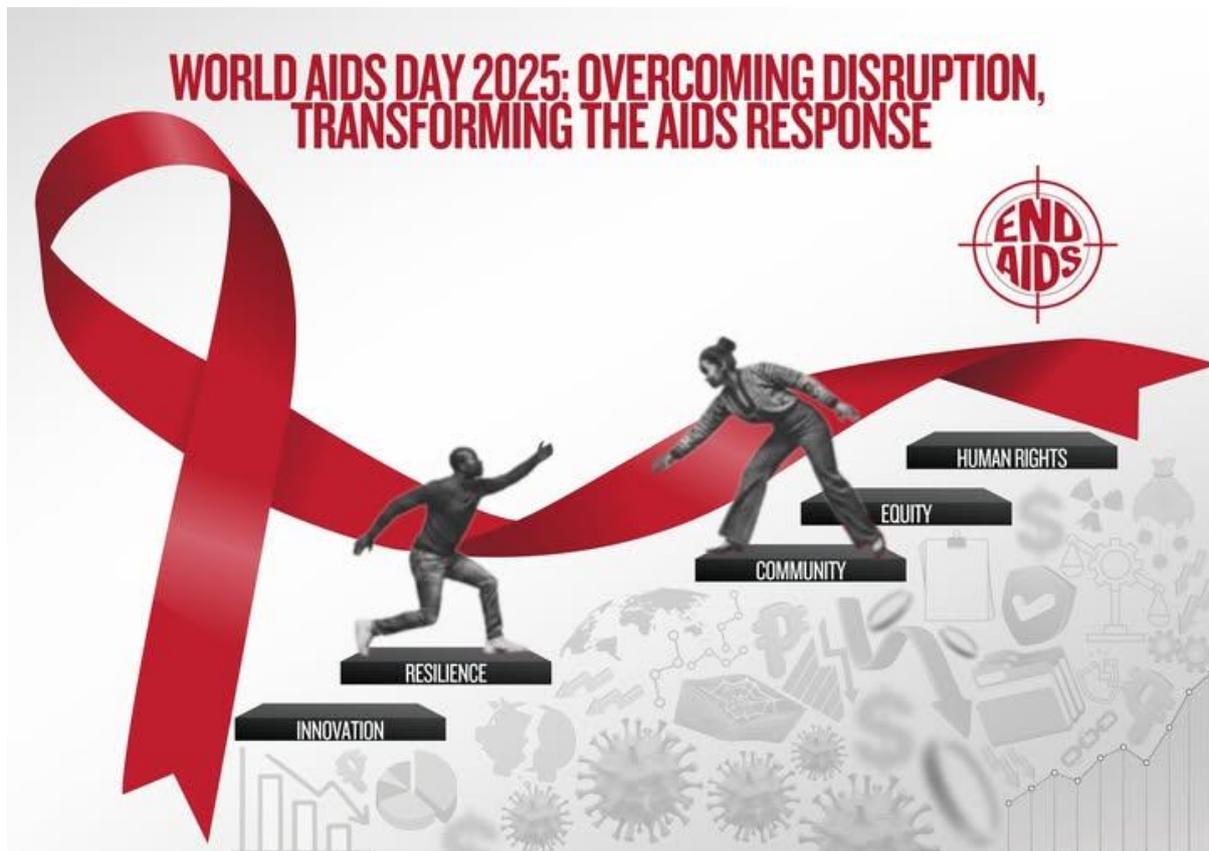
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### **Preface:**

World AIDS Day, celebrated annually on 1<sup>st</sup> December, is dedicated to raising awareness about the HIV/AIDS pandemic and honouring those affected by HIV. The 2025 World AIDS Day observance at Bapusaheb Thite College of Nursing (in collaboration with Pharmacy College) launched a comprehensive, community-focused campaign on the theme "**Overcoming Disruption, Transforming the AIDS Response.**"



The theme "**Overcoming Disruption, Transforming the AIDS Response**" addresses critical challenges in global HIV/AIDS care and prevention. Nurses and healthcare professionals are at the frontline of HIV prevention, treatment, care, and support services roles that are essential in overcoming barriers to equitable access and breaking down stigma.

This report documents the official World AIDS Day 2025 event held on **01/12/2025 from 10:00 AM to 12:30 PM**, showcasing our institution's commitment to HIV prevention, stigma reduction, and community awareness. Through a series of engaging activities including an inaugural ceremony, community rally, street plays, and outreach programs, we reached diverse audiences and communicated critical messages about HIV prevention, testing, and treatment.



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As nursing educators and healthcare professionals at Bapusaheb Thite College of Nursing, we recognize that our pivotal role in HIV prevention, treatment, care, and support, while overcoming barriers like stigma, misinformation, and inequitable access aligns perfectly with this year's global health agenda. This celebration reaffirms our institutional commitment to preparing competent, compassionate nursing professionals who will contribute to ending the AIDS epidemic and building a world free from HIV-related discrimination.

### **Objectives of Session:**

- Raise Awareness on HIV/AIDS Disparities and Disruptions
- Advocate for Effective Investments in HIV/AIDS Prevention, Treatment, and Care
- Encourage Collective Action and Community Engagement
- Provide Comprehensive Health Information on HIV Prevention and Testing
- Promote Nursing's Role in Achieving Sustainable Development Goals (SDGs)
- Strengthen Community Understanding of Global HIV/AIDS Context



**Photo 1. World AIDS Day 2025 activity schedule organised by Bapusaheb Thite College of Nursing**



## WORLD AIDS DAY-2025

Theme: *“Overcoming disruption, transforming the AIDS response”*

### PROGRAMME SCHEDULE

Date: 01/12/2025

Time: 10:00 am – 12:30 pm

SR. NO.	TIMING	PROGRAM SCHEDULE	RESOURCE PERSON/PLACE
1.	10:00 am	Arrival of The Guest	
2.	10:00 am -10:05 am	Inaugural Ceremony	At Vijaymala Junior college Premises
3.	10:05 am -10:10 am	Address by Guest	Dr. Sachin Khotwade, Principal of Pharmacy college
4.	10:10 am - 11:10 am	Rally & Street Play	Rural Hospital, Shirur, Pune (Mr. Sumit, Mr. Amol, Mrs. Malika, Ms. Tanuja, Ms. Dnyaneshwar & Ms. Nikita)
5.	11:10 am - 11:20 am	Health education	Rural Hospital, Shirur, Pune (Mr. Amol, and Ms. Nikita)
6.	11:30 am - 12:30 am	Rally & Street Play	Matoshree Madanbai Dhariwal Hospital, Shirur, Pune (Mr. Sumit, Mr. Amol, Mrs. Malika, Ms. Tanuja, Ms. Dnyaneshwar & Ms. Nikita)

Sign of Event Supervisor

Sign of Principal



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### **Report on AIDS Day Celebration**

As nursing educators and healthcare professionals at Bapusaheb Thite College of Nursing, we recognize that our pivotal role in HIV prevention, treatment, care, and support, while overcoming barriers like stigma, misinformation, and inequitable access aligns perfectly with this year's global health agenda. This celebration reaffirms our institutional commitment to preparing competent, compassionate nursing professionals who will contribute to ending the AIDS epidemic and building a world free from HIV-related discrimination.

### **World AIDS Day 2025 Program Schedule**

#### **Event Details**

ASPECT	DETAILS
<b>Date</b>	01/12/2025
<b>Time</b>	10:00 AM – 12:30 PM
<b>Venue</b>	Vijaymala Junior College Premises & Community Locations
<b>Theme</b>	"Overcoming Disruption, Transforming the AIDS Response"

#### **Detailed Program Timeline**

##### **Activity 1: Arrival of Guest (10:00 AM)**

**Duration:** 10:00 AM

**Location:** Vijaymala Junior College Premises

The program commenced with the arrival of the guest and dignitaries. This segment ensured smooth coordination and set a professional tone for the event. Preparatory arrangements and welcome formalities were completed to ensure an organized, dignified commencement of the World AIDS Day celebration.

##### **Activity 2: Inaugural Ceremony (10:00 – 10:05 AM)**

**Duration:** 5 minutes

**Location:** Vijaymala Junior College Premises

The inaugural ceremony formally opened the World AIDS Day 2025 celebration, setting the stage for awareness and community engagement activities. This ceremonial component helped establish the significance of the occasion and garnered institutional and community attention.



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### Activity 3: Address by Guest (10:05 – 10:10 AM)

**Duration:** 5 minutes

**Location:** Vijaymala Junior College Premises

During this segment, the Principal of College of Pharmacy, delivered keynote addresses highlighting:

- The global burden of HIV/AIDS and India's public health response
- The critical role of nursing and healthcare professionals in AIDS response
- Institutional commitment to HIV prevention and community health initiatives
- Call to action for students and community members to support HIV testing and stigma reduction efforts

### Activity 4: Rally & Street Play – Phase 1 (10:10 – 11:10 AM)

**Duration:** 1 hour

**Location:** Rural Hospital, Shirur, Pune

**Coordinators:** Mr. Sumit, Mr. Amol, Mrs. Malika, Ms. Tanuja, Ms. Dnyaneshwar & Ms. Nikita

A community rally was organized at Rural Hospital, Shirur, featuring street plays and awareness activities. This phase focused on reaching healthcare settings and vulnerable populations in semi-urban and rural areas. The rally and street play included:

- Use narrative and emotion to engage diverse audiences
- Simplify complex health information into memorable stories
- Demonstrate real-life scenarios and community challenges
- Inspire dialogue and behavior change
- Reach audiences who may not attend formal educational sessions

### Activity 5: Awareness Activities (Health Education) (11:10 – 11:20 AM)

**Duration:** 10 minutes

**Location:** Rural Hospital, Shirur, Pune

**Coordinators:** Mr. Sumit, Mr. Amol, Mrs. Malika, Ms. Tanuja, Ms. Dnyaneshwar & Ms. Nikita



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A compelling awareness activity was performed, dramatizing critical messages about HIV/AIDS awareness, prevention, and de-stigmatization. Health education are powerful community health communication tools that:

- Distribution of awareness materials on HIV prevention and testing
- Interactive health education sessions with community members
- Display of information booths with posters and educational resources
- Engagement of healthcare workers and patients in discussions about HIV testing
- Promotion of local HIV testing and counseling services available at the hospital

### **Activity 6: Rally & Street Play – Phase 2 (11:30 AM – 12:30 PM)**

**Duration:** 1 hour

**Location:** Matoshree Madanbai Dhariwal Hospital, Shirur

**Coordinators:** Mr. Sumit, Mr. Amol, Mrs. Malika, Ms. Tanuja, Ms. Dnyaneshwar & Ms. Nikita

The final phase of the World AIDS Day celebration focused on intensive community engagement at a private public hospital. This high-footfall venue allowed us to reach:

- Commuters from diverse socioeconomic and educational backgrounds
- Transient populations who may not have regular access to health information
- Community members in informal settings where barriers to engagement are lower
- Varied age groups, including youth and working-age adults



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**Date:** 1<sup>st</sup> December 2025

**Organizing Institute:** Bapusaheb Thite College of Nursing, Shirur

**In Collaboration With:** SuShodh Edutech & Research Organisation

**Occasion:** World AIDS Day

**Event:** Reels Making Competition

**Theme:** “Overcoming Disruption, Transforming the AIDS Response”

### INTRODUCTION

On the occasion of **World AIDS Day**, Bapusaheb Thite College of Nursing, Shirur, in collaboration with SuShodh Edutech & Research Organisation, organized a **Reels Making Competition** on **1st December 2025**. The event aimed to create awareness about HIV/AIDS, promote prevention strategies, and encourage innovative digital expression among students.

### OBJECTIVES OF THE EVENT

- To spread awareness about HIV/AIDS and its social, psychological, and medical aspects
- To encourage creativity and originality among students
- To promote the use of digital platforms for health education
- To sensitize youth towards stigma reduction and positive AIDS response

### DETAILS OF THE COMPETITION

Participants were instructed to submit an **original reel of 30–60 seconds** based on the given theme. Both **solo and group participation (up to 4 members)** was allowed. Entries were judged on creativity, originality, clarity of message, and overall presentation. All participants received **E-Certificates** for participation.

The registration link has been shared through a Google Form, enabling participants to complete the registration process online. (Registration Link [https://docs.google.com/forms/d/1qPNTogGvTdjgKhsSI5tojc7MLG9vPuE\\_qpbMmBv1\\_XY/viewform](https://docs.google.com/forms/d/1qPNTogGvTdjgKhsSI5tojc7MLG9vPuE_qpbMmBv1_XY/viewform)).

A Google Drive link has also been provided, which includes detailed guidelines and instructions related to the competition and submission process. (Google Drive Link [https://drive.google.com/drive/u/1/folders/1WFT9I\\_XsTe4LwB0HqimKvo3EUD2k42B](https://drive.google.com/drive/u/1/folders/1WFT9I_XsTe4LwB0HqimKvo3EUD2k42B)).

### PARTICIPATION

A total of **05 participants** actively participated in the competition from the following institutions:

1. Sri Siddhartha Institute of Nursing, Bangalore. (2 Groups).



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2. Bharati Vidyapeeth College of Nursing, Pune.
3. JSPM Pharmacy College, Pune.
4. Bapusaheb Thite College of Nursing, Shirur.

### JUDGING AND RESULTS

The reels were evaluated by the judges based on predefined criteria. The results were declared on **5th December 2025**.

### PRIZE DISTRIBUTION:

- **1st Prize:** Sri Sidhartha Institute of Nursing Science and Research Centre, Banglore.  
Number of Participants: 4  
Name of the Participants: Sophia Shajan, Subhana Zakir, Thrisha S Shaji, Niya Herbert
- **2nd Prize:** JSPM UNIVERSITY  
Number of Participants: 3  
Name of the Participants: 1) Girjesh Verma 2) Ankit Verma 3) Ritesh Verma
- **3rd Prize:** Name of the College BTCON  
Number of Participants: 6  
Name of the Participants: Aditya Rathod, Vishal Ade, Durga Rakh, Kartik Muley

### CONCLUSION

The Reels Making Competition was successfully conducted and proved to be an effective platform for spreading awareness about HIV/AIDS in a creative manner. The event encouraged students to think critically and use digital media responsibly for public health education. Overall, the program was informative, impactful, and achieved its intended objectives.

Sign of Organizer

Sign of HOD

  
**Dr. Sheetal Barde**  
Principal  
Shri Chhatrapati Sambhaji Shikshan Sanstha's  
Bapusaheb Thite College of Nursing  
Shirur (Ghodnadi), Dist. Pune 412210



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**PHOTOGRAPHYS OF THE EVENT: -**



**Photo 1 & 2. “World AIDS Day 2025” activity schedule organised by Bapusaheb Thite College of Nursing**



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**Photo 3. “World AIDS Day 2025” Faculty of Nursing and Pharmacy College**





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Photo 4 & 5. “World AIDS Day 2025” Rally photos





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**Photo 6 & 7. “World AIDS Day 2025” Street play at Rural Hospital, Shirur, Pune**



**Photo 8. “World AIDS Day 2025” Health Education at Rural Hospital, Shirur, Pune**



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**Photo 9 & 10. “World AIDS Day 2025” Health Education at Matoshree Madanbai Dhariwal Hospital, Shirur, Pune**





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### Bapusaheb Thite College of Nursing, Shirur. In Collaboration with SuShodh Edutech & Research Organisation

Submission  
Deadline  
29<sup>th</sup> Nov 2025

**WORLD AIDS DAY**

1st December 2025

Exciting Prize

1st Prize: 1000/-

2nd Prize: 700/-

3rd Prize: 500/-

### REELS MAKING COMPETITION

**THEME: "OVERCOMING DISRUPTION, TRANSFORMING THE AIDS RESPONSE"**

#### **RULES OF THE REELS COMPETITION:**

- Participants must create an original 30-60 second reel based on the theme.
- Follow a decent dress code, avoid inappropriate or copyrighted content, and ensure the message is clear.
- Solo or group entries (up to 4 members) are allowed, with a registration fee of ₹100.
- All participants will receive an E-Certificate.
- Reels must be submitted in MP4 format before the deadline.
- Judging will be based on creativity, originality, clarity, and presentation, and late or inappropriate entries will be disqualified.
- Link for uploading reel:

[https://drive.google.com/drive/folders/1WFT91\\_XsTe4LwB0HqimKvo3EUD2k42B?usp=sharing](https://drive.google.com/drive/folders/1WFT91_XsTe4LwB0HqimKvo3EUD2k42B?usp=sharing)

 Ms. Mallika: 7887440272



Registration Scanner

Result Declared on 5<sup>th</sup> December 2025

Photo 11. "World AIDS Day 2025" Reel Competition Poster

  
Dr. Sheetal Barde  
Principal  
Shri Chhatrapati Sambhaji Shikshan Sanstha's  
Bapusaheb Thite College of Nursing  
Shirur (Ghodnadi), Dist. Pune 412210